

Balboa Park Program Lunch Menu 2008-09



Monday

Sunbutter 14 gms
Cinnamon Bageler 35 gms
Baby Carrots 3 gms
Apple Slices 8 gms
Vanilla Wafers 21 gms
Milk*

Tuesday

Cured Turkey & Cheese Wrap 29 gms
Fruit Cup 22 gms
Fresh Orange 19 gms
Jungle Crackers 22 gms
Milk*

Wednesday

Cheesy Country on WW Bun 35 gms
Baby Carrots 3 gms
Fresh Pear 23 gms
Goldfish Grahams 19 gms
Milk*

Thursday

Bologna and Cheese on WW Bread 36 gms
Raisins 34 gms
Petite Banana 35 gms
Milk*

Friday

Turkey and Cheese Submarine 42 gms
Baby Carrots 3 gms
Fresh Apple 19 gms
Milk*