



# San Diego Unified School District

## Fact Sheet

### Nursing and Wellness Program

The San Diego Unified School District (SDUSD) Nursing and Wellness program aims to provide a comprehensive health management program for assessment, evaluation, management, maintenance, and improvement of the health of students and school personnel.

The Nursing and Wellness Program provides coordinated school health services and programs by promoting the physical, mental, emotional, personal and social well being of students, staff and families. Programs managed by Nursing and Wellness include: immunizations, tuberculosis screening, hepatitis B clinics, Healthy Start/Medi-Cal, Options for Recovery, Health Link (assistance in obtaining health insurance for students), vision clinics, hearing clinics and hearing specialists, Special Education itinerant team, dental health specialists, Project for Attention Related Disorders (PARD) and San Diego Adolescent Pregnancy and Parenting Program (SANDAPP), which provides assistance for pregnant and parenting teenagers and their siblings.

In the 2005-2006 school year, SDUSD nurses had more than 667,500 contacts with students providing first aid, immunizations, vision and hearing screening, dental screening, procedures for students with special needs, alcohol and drug use education and interventions, attention deficit evaluations, child abuse reports, classroom health education activities and more. The District provides physician consultant services to school nurses and school sites. The Nursing and Wellness program collaborates with community agencies and dental and health clinics throughout the city of San Diego to increase medical and dental services to our students.

#### SUMMARY

The [Nursing and Wellness Program](#) includes:

- ❖ Conservation of Vision and Hearing
- ❖ San Diego Adolescent Pregnancy and Parenting Program (SANDAPP)
- ❖ Healthy Start/Medi-Cal
- ❖ Options for Recovery
- ❖ Project for Attention Related Disorders (PARD)
- ❖ Hepatitis B Clinics (employee)
- ❖ Tuberculosis screening (employees and volunteers)
- ❖ Health Link
- ❖ [Medi-Cal Express Enrollment](#)
- ❖ [Immunizations](#)
- ❖ [Kindergarten Registration](#)
- ❖ CHDP
- ❖ Dental Health Specialists
- ❖ Special Educations Itinerant Team
- ❖ Physician Consultant

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