



# San Diego Unified School District

## Fact Sheet

### San Diego Adolescent Pregnancy and Parenting Program (SANDAPP)

**SANDAPP's Mission** is to enhance the health, educational potential, and healthy relationships of pregnant and parenting adolescents, their children, siblings and parents by promoting a collaborative, integrated support system. Program funding is provided by the State of California Department of Health Services, Maternal, Child and Adolescent Health Branch, the County of San Diego, the Department of Health and Human Services, Office of Adolescent Pregnancy and the California Endowment.

#### Purpose of the Program:

SANDAPP's goals are to improve health outcomes for pregnant and parenting adolescents and their children; increase the rate of high school graduation; enhance parenting skills; prevent child abuse, neglect and family violence; promote youth development; and assist to postpone subsequent pregnancies. Services are provided to both female and male teen parents.

#### Services Provided:

SANDAPP case managers employ a brokering model of case management to facilitate access to community based programs/services and strive to empower the pregnant or parenting youth to become knowledgeable about available resources. Case managers also advocate for clients to ensure the utilization of available resources; assist them in negotiating challenging systems, such as Medi-Cal; advocate to ensure that client's are placed in an academic setting that best meets their needs; and provide teen support groups to facilitate a place for teens to share their experiences. Case management services are provided at least once/month in the home, school, or at a location within the community. SANDAPP also provides individual therapy and Parent-Child Interaction Therapy to pregnant and parenting youth through Project Empower, funded by the California Endowment.

#### Locations:

SANDAPP is a county-wide program with the main office in the City of San Diego in the Logan Heights community with a satellite office in **Oceanside** (serving North County). In addition, case managers are providing services at **Escondido SIMS Alternative High School/Cal-Safe Program**, **Ocean Shores and Vista Cal Safe Programs**, **San Diego Unified School District Hoover**, **Garfield** and **Mark Twain High School**, in Chula Vista locations **HHSA on Oxford**, **Beacon**, **New Directions**, **Fair Winds** and **Rayo de Esperanza Family Resource Centers** (serving South County).

#### Services:

Case Management, Counseling, referrals with collaborating agencies, health providers & school districts

### SUMMARY

❖ **SANDAPP's mission is to enhance the health, educational potential, and healthy relationships of pregnant and parenting adolescents, their children, and parents by promoting a collaborative, integrated support system.**

- **Our Teens**
- **Our Children**
- **Our Future**



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[www.sandi.net](http://www.sandi.net)  
Revised 05/24/07