



Transition Resources for Adult Community Education (TRACE)

TRACE is the San Diego City School's transition program for adult students with disabilities who have exited high school. TRACE assists students and their natural support team in the development and the implementation of the Transition Plan (TP).

Services Provided

As an extension of the San Diego City Schools programs for students with disabilities, students between the ages of 18 and 22 may participate in TRACE. Located on community college campuses and in storefronts and other age-appropriate places, TRACE provides adult students with a natural transition to future careers and community access life. Placement in the TRACE Program is made after a TRACE team determines eligibility.

The program provides two general levels of support based on student's needs.

- TRACE Transition Services provides support to students who require daily, on-going assistance while implementing their transition activities (mobility support, community support, job-coaching, etc.) Under the direction of the TRACE teacher, students are supported in the community in small groups or independently to conduct their transition activities. District staff directly supports the students.
- TRACE Transition Case Management (TCM) provides support to students who are able to move and communicate independently while implementing their transition activities in the community. Students conduct their activities independently with the level of support that is needed in their own neighborhood and the community at large.

The objective of the TRACE program is to prepare students (with support from staff, friends, colleagues, and family) to make informed decisions regarding present and future plans about vocational placement, living arrangements, and recreation.

Program focus areas include personal growth, self-advocacy and community access. Support is provided to facilitate healthy, safe, and meaningful experiences within age-appropriate natural community settings.

SUMMARY

- ❖ TRACE provides community based instruction for 400 adult students age 18-22
- ❖ Placement in TRACE is made after a TRACE team determines eligibility
- ❖ TRACE Transition Services provides direct support in the community to assist in transition activities
- ❖ TRACE Case Management provides minimal support for adult students able to conduct their transition activities independently

Focus

- ❖ Community Based Instruction
- ❖ Self-determination and Person Centered Planning
- ❖ Job Training and Employment
- ❖ Recreational and Leisure Activities

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Serving nearly 136,000 students, San Diego City Schools is the second largest school district in California, with 202 educational facilities and more than 14,500 full-time equivalent positions (representing more than 15,800 employees). SDCS is improving student achievement by focusing on challenging instruction in reading, writing and mathematics in pre-kindergarten through Grade 12. The district is committed to supporting schools and enhancing the classroom learning environment through modernized facilities and resources and through parent, teacher and community involvement in the educational process.