



## Counseling and Guidance Department

### **Curriculum Links**

- Don't Laugh At Me: [www.operationrespect.org](http://www.operationrespect.org)  
An elementary and middle school anti-bullying curriculum utilizing inspiring music and video along with curriculum guides
- Second Step: [www.cfchildren.org/program\\_ss.shtml](http://www.cfchildren.org/program_ss.shtml)  
A Pre-K through grade 9 violence prevention curriculum focused on teaching and improving empathy, impulse control, anger management, and problem solving
- Life Skills Training: [www.lifeskillstraining.com](http://www.lifeskillstraining.com)  
A middle school drug prevention curriculum aimed at changing behavior by teaching social resistance skills, personal self-management skills, and general social skills
- Project Toward No Drug Abuse:  
[www.modelprograms.samhsa.gov/template\\_cf.cfm?page=model&pkProgramID=30](http://www.modelprograms.samhsa.gov/template_cf.cfm?page=model&pkProgramID=30)  
A highly interactive program designed to help high school youth (14 to 19 years old) resist substance use.
- Why Try: [www.whytry.org](http://www.whytry.org)  
A hands-on program for elementary and secondary students that promotes motivation and the concepts of freedom, opportunity, and self-respect