



San Diego Unified School District

STUDENT SERVICES OFFICE
2351 Cardinal Lane, Annex B, San Diego, CA 92123-3743

(858) 627-7580
Fax: (858) 627-7444

Nursing and Wellness Program

CRITERIA FOR SCHOOL ATTENDANCE FOR HEALTH REASONS

We suggest the following criteria for school attendance:

- Children too ill to participate in normal school activities should be excluded from school attendance whether or not the child has a fever.
- Children with a temperature greater than 100.5° orally or 101° rectally, should be excluded. We recommend return to school the following day if parents documented no fever (without fever reducing medication) in the evening and night.
- Ear temperatures are not accurate and should be repeated orally or rectally if a fever is suspected. Elevated temperatures of 100° or above should be repeated after the child has rested quietly for 20 minutes in a room with a comfortable temperature.
- Children with persistent vomiting should be excluded until vomiting has stopped for at least 24 hours.
- Children with diarrhea (such as frequent, loose, foul-smelling, green colored stools) should be excluded until diarrhea has stopped for at least 24 hours. A child with persistent diarrhea should be seen by a physician.
- Children with afebrile upper respiratory problems may attend school at the discretion of the school nurse.
- Children receiving antimicrobial therapy, who are afebrile and otherwise well, may attend school.
- Children with known or suspected contagious illness, as determined by nurse, should be excluded until non-infectious or until released by physician.
- Children with rash of undetermined origin shall be excluded until the rash is gone or until released by a physician as non-contagious.
- Children who have undergone a medical procedure requiring general anesthesia should stay home for at least 24 hours after anesthesia.
- Students requiring specialized health care procedures may not attend school until all required paperwork (i.e., parent authorization, physician's orders, etc.) is completed and the school nurse is provided orientation to the student and the specific procedure being requested.

Final decision and exceptions regarding attendance for reasons of health of any student will be at the discretion of the school nurse.