

San Diego Unified School District  
Nursing and Wellness Program

**CHDP - PARENT NOTIFICATION LETTER**

Dear Parent/Guardian:

CALIFORNIA STATE LAW REQUIRES THAT ALL CHILDREN ENTERING SCHOOL HAVE A COMPLETE PHYSICAL EXAM BY FIRST GRADE.

There is a mandatory exclusion policy for those children who do not meet this requirement within 90 days of First Grade entry. The Child Health and Disability Prevention (CHDP) Program offers this exam at no cost to eligible children in the community. Call **1-800-675-2229** for more information if you need assistance finding a physician for your child's CHDP exam.

Please check the square below to tell us how you plan to meet this requirement and **return this form to the school nurse tomorrow.**

- 1. I will take my child to his physician for the exam. Have the physician complete the attached "Report of Medical Examination for School Entry" and return it to school.
- 2. My child has an **appointment** for the CHDP exam on \_\_\_\_\_.
- 3. My child **already** had a health check-up within 18 months before the date of entry to first grade. I will send a copy of the physical exam to the school nurse. (Attached report form may be used for this purpose.)
- 4. I **do not want** my child to receive a medical examination and will sign a waiver. Note: Waiver is on the bottom of the "Report of Medical Examination for School Entry" form.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Teacher

\_\_\_\_\_  
Room Number / Grade

\_\_\_\_\_  
Work Phone No.

\_\_\_\_\_  
Home Phone No.

School: \_\_\_\_\_

Phone: \_\_\_\_\_

**RETURN TO SCHOOL NURSE – TOMORROW**

**CHDP**

