



# San Diego Unified School District

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Nursing & Wellness Program  
Office of the Chief Student Services Officer

## PARD INSERVICE SCHEDULE 2008-2009

Date	Time	Topic	Presenter	Site
10/22/08	3:00 pm - 4:45 pm	Changing the Odds One School Day at a Time	Mark Katz, PhD	Clark
1/28/09	3:00 pm - 4:45 pm	Strategies for Managing AD/HD Related Behavior in the Classroom (K-8)	Sandra Rief, MA	Clark
4/1/09	3:00 pm - 4:45 pm	Medication Update: Treatment for ADHD, Anxiety, and Depression in Children and Teenagers	Meg Lawrence, MD	Clark
5/20/09	3:00 pm - 4:45 pm	Could there be something going on besides ADHD?	Lisa Ehrlichman, RN, BSN, M.Ed.	Clark

The Project for Attention Related Disorders (PARD) is offering programs to district staff and parents. All programs will address various aspects of Attention Deficit and Hyperactivity Disorder. We hope this will be of assistance in working with students and families.

The programs will be held on Wednesday afternoons from 3:00 - 4:45 pm. Teachers and support staff are encouraged to attend even if arrival is late. The speakers are experts on the topic of ADHD and will be providing valuable information. **Clark Middle School has made arrangements to have the presentations translated into Spanish. Please advise your staff and families of this new opportunity.**

Two Continuing Education Contact Hours will be awarded under BRN Provider No. CEP 978, to nurses who attend the program.

Questions may be directed to Eileen Griffiths at [egriffiths@sandi.net](mailto:egriffiths@sandi.net) or (858)636-4380.

**Clark Middle** – 4388 Thorn St., San Diego, 92105

Programs will be held in the **auditorium**. Please enter through the courtyard.

11/19/08