



San Diego Unified School District



# DISCOVER

CERTIFICATED AND CLASSIFIED COURSE OFFERINGS

## *THE DISCOVER CATALOG ONLINE*

To view detailed course descriptions and to register online, go to the **DISCOVER website**, (<http://216.122.44.192/sandinethdiscover/>) or from the district website ([www.sandi.net/discover/](http://www.sandi.net/discover/))

For questions or more information call: 858.496.1887

**SPRING 2008**  
**APRIL - JUNE**

## **ONLINE TECHNOLOGY COURSES** **(On-Going/Self-Paced)**

*Work at your own convenience. Entire class is online.*

*To preview these online classes go to < <http://surferjet.com/onlineclasses> >*

25.25	Computer Basics	25.33	MS PowerPoint 2007
25.26	Mac OS X Tiger	25.34	MS Project 2003
25.27	MS Access 2003	25.35	MS Word 2003
25.28	MS Excel 2003	25.36	MS Word 2004 for Mac
25.29	MS Excel 2007	25.37	MS Word 2007
25.30	MS Outlook 2003	25.38	Quickbooks
25.31	MS Outlook 2007	25.39	Windows Vista
25.32	MS PowerPoint 2003	25.40	Windows XP

*Each technology course offers 1 unit of district credit.*

CONTINUED ON BACK

# SPRING SESSIONS 2008

## APRIL 2008

**Apr. 10-11, Th.-Fr. 10.13d CPR – Basic Life Support and First Aid (.5 cr.) – (NEW)**  
**4:30 p.m.-8:30 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This comprehensive healthcare provider course covers Adult, Child, and Infant CPR and techniques for clearing obstructed airway and the use of a defibrillation machine. The course will also cover basic First Aid techniques. It is taught according to the American Heart Association guidelines and meets the requirements for the professional clear health education CPR, B-level credential certificate (the course includes both B and C level CPR). Upon completion, you will receive a two year certification card approved by the American Heart Association.

**Apr. 17-22, Th.-Sa.-Tu. 19.66 Garden Design/Project Based, Part 1 and 2 (.5 cr.)**  
**4 p.m.-6 p.m., Th./9 a.m.-1 p.m., Sa./4 p.m.-6 p.m., Tu. – SCPA, Room 124, 2425 Dusk Drive, San Diego, 92139**

This is a combined first and second part of the course in Garden/Landscape Design. Course participants will have the opportunity to design their own properties or begin to implement a garden project at their school sites. Participants will draw a design using ¼" scale and begin to develop ideas on how to teach these concepts to their students. Course participants who have already taken Part 1 will expand on their original designs. This combination class will include one 4 hour session at one or two local area nurseries/colleges (Saturday from 9:00 to 1:00). Location will be determined during first class session. As part of expanding information for our designs from Part 1, we will also learn how to estimate materials, construct basic decks/walkways, and plant shrubs and trees.

**Apr. 19, Sa. 8.156c Cross Curriculum Vocabulary Strategies (.5 cr.)**  
**8 a.m.-5 p.m., Sa. – Hoover High School, Room 408, 4474 El Cajon Blvd., San Diego, 92115**

This course is designed to introduce vocabulary strategies that will improve student conceptual understanding. Multiple strategies will be discussed that can be used across all curriculum and grade levels. Strategies will be taken from many sources including Robert Marzano and Douglas Fisher. Participants will practice implementing these new strategies.

**Apr. 26, Sa., May 3, Sa. 4.11b Redirecting for a Cooperative Classroom™ (1 cr.)**  
**8 a.m.-3:30 p.m. –Horton Elementary, Room 3, 5050 Guymon St., San Diego, 92102**

Redirecting for a Cooperative Classroom™ empowers teachers to create a classroom atmosphere that promotes high self-esteem and cooperation among students, parents, administrators and teachers. Activities include role plays, dramatizations and stories that help teachers to internalize the learning.

For more information about the course visit their web site at: <http://www.incaf.com/courses.php?actionReq=rcc>.

## MAY 2008

**May 3-8, Sa. – Th. 4.13 Simple Positive Behavior Supports for Teachers (.5 cr.)**  
**9a.m.-3p.m, Sa./4p.m.-6p.m., Th. – Knox Elementary, Room B26, 1098 South 49<sup>th</sup> St., San Diego, CA 92113**

Positive Behavior Supports describe simple techniques any teacher can use to prevent and develop positive consequences for any problem behaviors, mild to severe (e.g., speaking out, distracting peers, making negative comments, restlessness, inability to transition smoothly, difficulty during unstructured times, refusing to do work, inability to complete tasks). Teachers will be given positive strategies to promote motivation, accountability, self-monitoring, successful transitions, positive peer relations, and appropriate classroom behavior for children with varying abilities, ages, and intelligences (including Autism, Asperger's, ADHD, Specific Learning Disabilities) that are found in the General Ed classes or Special Ed classes. This course is suggested for ANY teacher that would benefit from learning easy to implement strategies to increase appropriate classroom behavior for any student.

**May 3, Sa., May 22, Th. 12.8a Socratic Seminars for Gifted Students (.5 cr.)**  
**8 a.m.-12 p.m., Sa./4 p.m.-6 p.m., Th. - Madison High School, Room 25, 4833 Doliva Drive, San Diego 92117**

Socrates believed that rather than teaching students to find the "right" answers, it is more important to enable them to think for themselves. Participants seek a more in-depth understanding of complex ideas through rigorously thoughtful dialogue instead of memorizing bits of information or meeting arbitrary demands for simple "coverage" of a topic. This class is an outstanding instructional strategy for meeting the needs of gifted students at all levels.

**May 13-14, Tu.-We. 10.13e CPR – Basic Life Support and First Aid (.5 cr.) – (NEW)**  
**4:30 p.m.-8:30 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This comprehensive healthcare provider course covers Adult, Child, and Infant CPR and techniques for clearing obstructed airway and the use of a defibrillation machine. The course will also cover basic First Aid techniques. It is taught according to the American Heart Association guidelines and meets the requirements for the professional clear health education CPR, B-level credential certificate (the course includes both B and C level CPR). Upon completion, you will receive a two year certification card approved by the American Heart Association.

**May 17, Sa., May 27, Tu. 12.14b GATE - Developing Gifted Potential in K-2 Classrooms: Utilizing Multiple Intelligences/Learning Styles and Preferences (.5 cr.)**  
**8 a.m.-12 p.m., Sa. /4 p.m.-6 p.m., Tu. - Madison High School, Room 25, 4833 Doliva Drive, San Diego 92117**

This course is designed for Primary grade teachers who want to be better teachers of young children by establishing a plan for providing identification and evaluation of young gifted children. You will learn mechanisms for differentiating instruction, including alternate options for students with unique needs. Teachers will begin with the differences of the child, adjust the lessons and curriculum accordingly. This course is open to all primary teachers who want to do a better job of teaching in order to influence all the years that follow and who have an adamant interest in developing potentially gifted students at an early age.

**May 22, Th. 12.7b Seminar and Readings in Gifted Education: "Misdiagnosis and Dual Diagnoses of Gifted Students" (.5 cr.)**  
**4 p.m.-6 p.m. – Madison High School, Room 25, 4833 Doliva Drive, San Diego 92117**

An eye-opening book! Issues affecting the gifted child, with powerful information associated with giftedness! Some of the brightest, most creative children are being misdiagnosed with disorders such as ADHD, ADD, Bipolar, Autism, Asperger's, and OCD, to name a few. This book will help us view the gifted child to avoid mislabeling.

\*\*\* Required Reading: The book "*Misdiagnosis and Dual Diagnoses of Gifted Children and Adults*" by James Webb et. al. (ISBN 0-10707-67-7) must be purchased and read prior to attending the class in order to receive full credit for the course.

**May 29, Th. 12.15 Seminar and Readings in Gifted Education: "The Social Emotional Development of Gifted Children: What Do We Know?" (.5 cr.)**  
**4 p.m.-6 p.m. – Madison High School, Room 25, 4833 Doliva Drive, San Diego 92117**

Learn perspectives based on National Association of the Gifted Children. Understand how programming or lack of can affect the social and emotional development of gifted children. Learn how to help parents understand the social and emotional development of their gifted child. Discuss issues such as student advancement, psychological responses, and gifted children with special needs. The issues raised will be great tools for researching and studying in gifted education.

\*\*\* Required Reading: The book "*The Social Emotional Development of Gifted Children: What Do We Know?*" by Maureen Neihart, Sally Reis et. al. (ISBN 1-882664-77-9) must be purchased and read prior to attending the class in order to receive full credit for the course.

**May 31, Sa. 10.14 The Sexually Healthy Adolescent: What Classroom Teachers Should Know (.5 cr.)**  
**8 a.m.-4 p.m. – Clairemont Square Community Room, 4731 Clairemont Drive, San Diego, 92117**

*The Sexually Healthy Adolescent: What Classroom Teachers Should Know* is recommended for teachers of 6<sup>th</sup> -12<sup>th</sup> grade students. The course is designed to facilitate learning and discussion of sexual health topics that impact students in grades 6-12. Emphasis is on health promotion and risk reduction to encourage life-long healthy behavior in students. Topics to be covered include: values and beliefs about adolescent sexuality; adolescent risk factors; laws and policies relating to sex education; and content areas including HIV/AIDS, sexually transmitted diseases, sexual harassment, sexual orientation, relationships and gender violence.

\*\*This course will satisfy day one of the required two day sex education training for teachers who implement the District-required Family Life and sex education programs and will serve as the required HIV update for all previously trained sex education teachers.

## JUNE 2008

**Jun. 3-Jul, 10, Tu.-Th. 22.16 Educational Psychology, Part 1 (2 cr.)**  
**(except Th., Jun. 12 and Jun. 19)**  
**5:30-8:30p.m., Tu.-Th. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

Professional development and preparation for utilizing educational psychological methodologies addressing teaching, teachers, learners and learning. Course includes educational strategies for all levels of students and up-to-date assessment procedures. Participants will discover how learners learn, develop mentally, physically and emotionally. Educators will develop and implement techniques to make learning accessible to all students.

**Jun. 18-20, We.-Fr. 10.13f CPR – Basic Life Support and First Aid (.5 cr.) – (NEW)**  
**4:30 p.m.-8:30 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This comprehensive healthcare provider course covers Adult, Child, and Infant CPR and techniques for clearing obstructed airway and the use of a defibrillation machine. The course will also cover basic First Aid techniques. It is taught according to the American Heart Association guidelines and meets the requirements for the professional clear health education CPR, B-level credential certificate (the course includes both B and C level CPR). Upon completion, you will receive a two year certification card approved by the American Heart Association.

## FUTURE CLASSES 2008

<b>TBA</b>	<b>2.53</b>	<b>Functional Spanish for K-12 Teachers, Administrators, &amp; Staff- A Guide for Communicating with Students &amp; Their Families (2 cr.)</b>
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**5:30-8:30 p.m., Tu.-Th./10 a.m.-1 p.m., Sa. – 7490 Opportunity Road, Suite 204, San Diego 92111**

This course is designed for teachers, administrators, and staff who speak limited or no Spanish and would like to acquire Spanish speaking skills to facilitate communication with their Spanish speaking students and/or their families. The course will take a very interactive approach in learning communication techniques, important phrases, and vocabulary as these relate to the education process. Classroom activities will reinforce these principals in the context of communication with students and their families.

<b>TBA</b>	<b>1.118</b>	<b>Teaching Theatrical Skills: Acting (.5 cr.)</b>
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In this course students will learn to apply processes and skills in acting, directing, and designing, to create formal and informal theatre. Students of this course will be able to take what they learn and apply it to teach their elementary school students the theatrical skills of acting. Activities include theatre games, warm-ups, relaxation exercises, improvs, and skits which serve to aid the internalization of the skills covered. Elementary school teachers are especially encouraged to take this course which will put them in the shoes of the grade school student and enable them to learn some acting skills.

<b>TBA</b>	<b>1.83</b>	<b>Art, Media, and Techniques for the Classroom (1 cr.)</b>
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Course provides hands on opportunity for instructors to learn the basic Elements and Principles of Design. Emphasis will be on developing fine art lesson plans that use a variety of materials and follow the California State Visual Art Standards. The instructor will develop a unit of instruction that will then be presented to the class participants and traded to build their own "art box" of lessons to take back to their individual classrooms.

<b>TBA</b>	<b>8.128</b>	<b>Planning for Effective Small Group ELD Instruction (1 cr.)</b>
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This is an opportunity for teachers to work with peers from across the district to practice organizing and planning instruction for English learners using assessment tools and language continuums (i.e., English Language Development Proficiency Indicator - ELDPI) that bridge the gap between grade level standards and current student performance levels.

<b>TBA</b>	<b>8.151a</b>	<b>Public Speaking (.5 cr.)</b>
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Public Speaking empowers district employees to create a presentation as an effective, professional, and entertaining communication tool. Activities include role playing, preparation of speeches, and presentations which serve to aid the internalization of the skills covered.

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**DON'T MISS OUT ON GREAT PROFESSIONAL GROWTH, STAFF DEVELOPMENT OPPORTUNITIES, AND EARN DISTRICT SALARY ADVANCEMENT CREDITS . . .**

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**Register early to guarantee enrollment and to avoid class cancellation!**

*Classes are held based on reservations received.*

*Course will be canceled if enrollment is less than 15 pre-registered participants.*

*Register online: <http://216.122.44.192/SandiNetDiscover/RegisterOnline2.asp>*

**REVISED 04/03/08**

**Register** for a class on the **Discover Web Site** ([www.sandi.net/discover/](http://www.sandi.net/discover/))  
 or mail the following enrollment form to:  
 Discover Program, IMC-Bldg A, 2441 Cardinal Lane, San Diego 92123-3744  
 Attention: Discover Program  
 For questions or more information call 858-496-1887

A **separate check** for each class must accompany the registration form made payable to **SDUSD**.  
**\*\*\*Please postdate check with the date of the first class.\*\*\***

PLEASE PRINT

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-mail: (optional) \_\_\_\_\_

Work Site: \_\_\_\_\_ Job Title: \_\_\_\_\_  
 (Grade level taught if applicable)

LIST BELOW THE COURSES IN WHICH YOU WISH TO ENROLL: Please be sure to check your calendars for conflicts so you will not have to cancel your attendance.

Course Number/Section	Date/Time First Meeting	Course/Workshop Title



**TRANSCRIPT REQUEST FORM**

Transcripts do not automatically go to Wage and Salary after a class. You must request it in writing, plus send a \$2.00 fee to:  
 Discover Program, IMC-Bldg A, 2441 Cardinal Lane, San Diego 92123-3798  
 (Make checks payable to **San Diego Unified School District**)

**Course Title/Date:** \_\_\_\_\_ (last day of class attended)

Please send my updated transcript to the Wage and Salary department after the above date.

**Name:** \_\_\_\_\_ **Soc. Sec. No. (optional)** \_\_\_\_\_

**Employee ID # (required)** \_\_\_\_\_

**Location:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Signature:** \_\_\_\_\_