



San Diego Unified School District



# DISCOVER

CERTIFICATED AND CLASSIFIED COURSE OFFERINGS

## *THE DISCOVER CATALOG ONLINE*

To view detailed course descriptions and to register online, go to the **DISCOVER** website, (<http://216.122.44.192/sandinetsdiscover/>) or from the district website ([www.sandi.net/discover/](http://www.sandi.net/discover/))

For questions or more information call: 858.496.1887

## SUMMER 2008 JULY - SEPTEMBER

### ONLINE TECHNOLOGY COURSES (On-Going/Self-Paced)

*Work at your own convenience. Entire class is online.*

*To preview these online classes go to < <http://surferjet.com/onlineclasses> >*

25.25	Computer Basics	25.33	MS PowerPoint 2007
25.26	Mac OS X Tiger	25.34	MS Project 2003
25.27	MS Access 2003	25.35	MS Word 2003
25.28	MS Excel 2003	25.36	MS Word 2004 for Mac
25.29	MS Excel 2007	25.37	MS Word 2007
25.30	MS Outlook 2003	25.38	Quickbooks
25.31	MS Outlook 2007	25.39	Windows Vista
25.32	MS PowerPoint 2003	25.40	Windows XP

*Each technology course offers 1 unit of district credit.*

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# SUMMER SESSIONS 2008

## JULY 2008

**Jul. 12-22, Tu.-Th.-Sa. 2.53 Functional Spanish for K-12 Teachers, Administrators, & Staff- A Guide for Communicating with Students & Their Families, Part I (1 cr.)**  
**5 p.m.-8 p.m., Tu.-Th./9 a.m.-12 p.m., Sa. – 7490 Opportunity Road, Suite 204, San Diego 92111**

This course is the first of a two courses designed for teachers, administrators, and staff who speak limited or no Spanish and would like to acquire Spanish speaking skills to facilitate communication with their Spanish speaking students and/or their families. The course will take a very interactive approach in learning communication techniques, important phrases, and vocabulary as these relate to the education process. Classroom activities will reinforce these principals in the context of communication with students and their families. The second course will continue to build on the speaking and communication skills covered in the first course. Attendance in the first course is not a prerequisite for the second course.

**Jul. 22-31, Tu.-Th. 4.11c Re-directing for a Cooperative Classroom™ (1 cr.)**  
**8 a.m.-11:45 a.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

Re-directing for a Cooperative Classroom™ empowers teachers to create a classroom atmosphere that promotes high self-esteem and cooperation among students, parents, administrators and teachers. Activities include role plays, dramatizations and stories that help teachers to internalize the learning.

The text to be used at the class, "*Discipline Without Tears*" by Rudolf Dreikurs may be found in the library or purchased ahead of time from local bookstores. The workbook on *Re-directing for a Cooperative Classroom™* may be purchased from the instructor at the time of the class for \$15 each.

For more information about the course visit their web site at: <http://www.incaf.com/courses.php?actionReq=rcc>.

**Jul. 23, We. 21.53 5<sup>th</sup> Grade Social Studies: From Explorers To The Westward Movement: Strategies, Pacing, Resources, and Projects (.5 cr.)**  
**8 a.m.-5 p.m., We. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

Instructors will help teachers plan 5<sup>th</sup> grade social studies curriculum from the explorer era to the westward movement, by using different strategies, integrating literacy components, and the use of primary and secondary sources. Multiple project formats, resources, literature, websites, and field trip ideas will be presented, as well as lessons that correlate with the different U.S. history standards. The colonial era will be emphasized with ideas about planning a "Colonial Day" for students. The course will guide teachers through the new SBRC 5<sup>th</sup> grade social studies requirements, and offer different ways to pace the curriculum. Teachers will have time to plan, as well as make samples of the different culmination projects.

**Jul. 24-25, Th.-Fr. 10.13g CPR – Basic Life Support and First Aid (.5 cr.)**  
**4:30 p.m.-8:30 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This comprehensive healthcare provider course covers Adult, Child, and Infant CPR and techniques for clearing obstructed airway and the use of a defibrillation machine. The course will also cover basic First Aid techniques. It is taught according to the American Heart Association guidelines and meets the requirements for the professional clear health education CPR, B-level credential certificate (the course includes both B and C level CPR). Upon completion, you will receive a two year certification card approved by the American Heart Association.

## AUGUST 2008

**Aug. 5, Tu. 21.54 4<sup>th</sup> Grade Social Studies: California History Through The Different Eras: Strategies, Pacing, and Projects (.5 cr.)**  
**8 a.m.-5 p.m., We. – Whitman Elementary, B-2, 4050 Appleton St., San Diego, CA 92117**

Instructors will help teachers plan 4<sup>th</sup> grade social studies curriculum and instruction relating to the different eras of California history through the use of various strategies and integration of literacy components. Multiple project formats, primary sources, literature, resources, websites and field trip ideas will be presented, as well as lessons that correlate with the different California history eras. The course will help guide teachers through the new SBRC, and offer different ways to pace the curriculum. Teachers will have time to plan, and recreate samples of the different culmination projects.

**Aug. 11-13, Mo.-We. 8.157 Strengthening Your Curriculum! (.5 cr.)**

Wondering/stressing about how to incorporate CA standards with quality teaching? This multi-faceted course is designed with you in mind! Incorporating literacy, mathematics, science, social studies, you will strengthen your program with strategies and projects that are engaging and worthwhile for ALL students.

**Aug. 12-Sep. 30, Tu.-Th. 2.55 American Sign Language I (2.5 cr.)  
4:00 p.m.-6:00 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This course is for the beginner student interested in learning American Sign Language (ASL) in order to communicate with their disabled or Deaf student and/or enjoy learning a new language. This course will include a brief analysis of Deaf Culture, discussion of some current issues within the Deaf community and various opportunities to practice ASL within a fun and relaxing atmosphere.

## SEPTEMBER 2008

**Sep. 11-16, Th.-Sa.-Tu. 19.66a Garden Design/Project Based, Part 1 and 2 (.5 cr.)  
4 p.m.-6 p.m., Th./9 a.m.-1 p.m., Sa./4 p.m.-6 p.m., Tu. – SCPA, Room 124, 2425 Dusk Drive, San Diego, 92139**

This is a combined first and second part of the course in Garden/Landscape Design. Course participants will have the opportunity to design their own properties or begin to implement a garden project at their school sites. Participants will draw a design using ¼" scale and begin to develop ideas on how to teach these concepts to their students. Course participants who have already taken Part 1 will expand on their original designs. This combination class will include one 4 hour session at one or two local area nurseries/colleges (Saturday from 9:00 to 1:00). Location will be determined during first class session. As part of expanding information for our designs from Part 1, we will also learn how to estimate materials, construct basic decks/walkways, and plant shrubs and trees.

**Sep. 22-23, Mo.-Tu. 10.13i CPR – Basic Life Support and First Aid (.5 cr.)  
4:30 p.m.-8:30 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This comprehensive healthcare provider course covers Adult, Child, and Infant CPR and techniques for clearing obstructed airway and the use of a defibrillation machine. The course will also cover basic First Aid techniques. It is taught according to the American Heart Association guidelines and meets the requirements for the professional clear health education CPR, B-level credential certificate (the course includes both B and C level CPR). Upon completion, you will receive a two year certification card approved by the American Heart Association.

## FUTURE CLASSES 2008

**Oct. 2-Dec. 18, Tu.-Th. 2.56 American Sign Language II (2 cr.)  
4:00 p.m.-6:00 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This course is for the intermediate student interested in learning more American Sign Language (ASL) signs and its grammatical structure. The student is given ample opportunities to improve their communication skills with their disabled or Deaf student, to implement sign songs for their curriculum, and to develop ASL skills in poetry and public speaking. This course will include a further analysis of various Deaf Cultures, discussion of current issues within the Deaf community and various opportunities to practice ASL. Prerequisite for this course is completion of a beginning American Sign Language course or Discover Program's American Sign Language I.

**Nov. 12-13, We.-Th. 10.13k CPR – Basic Life Support and First Aid (.5 cr.)  
4:30 p.m.-8:30 p.m. – Instructional Media Center, Bldg. G, 2441 Cardinal Lane, San Diego, 92123**

This comprehensive healthcare provider course covers Adult, Child, and Infant CPR and techniques for clearing obstructed airway and the use of a defibrillation machine. The course will also cover basic First Aid techniques. It is taught according to the American Heart Association guidelines and meets the requirements for the professional clear health education CPR, B-level credential certificate (the course includes both B and C level CPR). Upon completion, you will receive a two year certification card approved by the American Heart Association.

**TBA 1.118 Teaching Theatrical Skills: Acting (.5 cr.)**

In this course students will learn to apply processes and skills in acting, directing, and designing, to create formal and informal theatre. Students of this course will be able to take what they learn and apply it to teach their elementary school students the theatrical skills of acting. Activities include theatre games, warm-ups, relaxation exercises, improvs, and skits which serve to aid the internalization of the skills covered. Elementary school teachers are especially encouraged to take this course which will put them in the shoes of the grade school student and enable them to learn some acting skills.

<b>TBA</b>	<b>1.119</b>	<b>Beginning Recorder for Teachers (.5 cr.)</b>
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This course is for elementary teachers who have never played the recorder and would like to teach beginning recorder to their students in their classrooms. *The first 20 participants will receive a free student recorder.* Participants must provide their own recorders unless they are one of the first 20 to sign-up. All other materials will be provided at the class sessions.

<b>TBA</b>	<b>1.83</b>	<b>Art, Media, and Techniques for the Classroom (1 cr.)</b>
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Course provides hands on opportunity for instructors to learn the basic Elements and Principles of Design. Emphasis will be on developing fine art lesson plans that use a variety of materials and follow the California State Visual Art Standards. The instructor will develop a unit of instruction that will then be presented to the class participants and traded to build their own "art box" of lessons to take back to their individual classrooms.

<b>TBA</b>	<b>4.13</b>	<b>Simple Positive Behavior Supports for Teachers (.5 cr.)</b>
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Positive Behavior Supports describe simple techniques any teacher can use to prevent and develop positive consequences for any problem behaviors, mild to severe (e.g., speaking out, distracting peers, making negative comments, restlessness, inability to transition smoothly, difficulty during unstructured times, refusing to do work, inability to complete tasks). Teachers will be given positive strategies to promote motivation, accountability, self-monitoring, successful transitions, positive peer relations, and appropriate classroom behavior for children with varying abilities, ages, and intelligences (including Autism, Asperger's, ADHD, Specific Learning Disabilities) that are found in the General Ed classes or Special Ed classes. This course is suggested for ANY teacher that would benefit from learning easy to implement strategies to increase appropriate classroom behavior for any student.

<b>TBA</b>	<b>8.128</b>	<b>Planning for Effective Small Group ELD Instruction (1 cr.)</b>
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This is an opportunity for teachers to work with peers from across the district to practice organizing and planning instruction for English learners using assessment tools and language continuums (i.e., English Language Development Proficiency Indicator - ELDPI) that bridge the gap between grade level standards and current student performance levels.

<b>TBA</b>	<b>8.151a</b>	<b>Public Speaking (.5 cr.)</b>
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Public Speaking empowers district employees to create a presentation as an effective, professional, and entertaining communication tool. Activities include role playing, preparation of speeches, and presentations which serve to aid the internalization of the skills covered.

<b>TBA</b>	<b>8.156</b>	<b>Cross Curriculum Vocabulary Strategies (.5 cr.)</b>
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This course is designed to introduce vocabulary strategies that will improve student conceptual understanding. Multiple strategies will be discussed that can be used across all curriculum and grade levels. Strategies will be taken from many sources including Robert Marzano and Douglas Fisher. Participants will practice implementing these new strategies.

<b>TBA</b>	<b>10.14</b>	<b>The Sexually Healthy Adolescent: What Classroom Teachers Should Know (.5 cr.)</b>
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*The Sexually Healthy Adolescent: What Classroom Teachers Should Know* is recommended for teachers of 6<sup>th</sup> -12<sup>th</sup> grade students. The course is designed to facilitate learning and discussion of sexual health topics that impact students in grades 6-12. Emphasis is on health promotion and risk reduction to encourage life-long healthy behavior in students. Topics to be covered include: values and beliefs about adolescent sexuality; adolescent risk factors; laws and policies relating to sex education; and content areas including HIV/AIDS, sexually transmitted diseases, sexual harassment, sexual orientation, relationships and gender violence.

\*\*This course will satisfy day one of the required two day sex education training for teachers who implement the District-required Family Life and sex education programs and will serve as the required HIV update for all previously trained sex education teachers.

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**The content area departments will be offering a series of Staff Development classes during the Summer and throughout the 2008-2009 school year with the option of earning Discover credits.**

**Don't miss out on these great professional development opportunities and get district credit for salary advancement within the San Diego Unified School District !!!**

**For more information and to register, contact the following:**

Community Relations Department - 619 725-5597 (*Nancy Hemmings*-[nhemmings@sandi.net](mailto:nhemmings@sandi.net))  
[http://www.sandi.net/depts/comm\\_relations/](http://www.sandi.net/depts/comm_relations/)

EdTech Department - 858 503-1700 (*Susan Levine*-[slevine@sandi.net](mailto:slevine@sandi.net))  
<http://edtech.sandi.net/>

GATE Department - 858 573-5998 (*Rolena Jones*-[rjones4@sandi.net](mailto:rjones4@sandi.net))  
<http://www.sandi.net/GATE2/>

Library - 858 539-5349 (*Martha Karanopoulos*-[mkaranopoulos@sandi.net](mailto:mkaranopoulos@sandi.net))  
<http://www.sandi.net/IMC/>

Literacy Department - 619 725-7250 (*Leslie Caporale*-[lcaporale@sandi.net](mailto:lcaporale@sandi.net))  
<http://www.sandi.net/depts/literacy/literacy.html>

Mathematics Department - 619 725-7306 (*Venus Matos*-[vmatos@sandi.net](mailto:vmatos@sandi.net))  
[http://www.sandi.net/depts/math/professional\\_development.html](http://www.sandi.net/depts/math/professional_development.html)

Science Department - 619 725-7336 (*Julie Hendershot*-[jhendershot@sandi.net](mailto:jhendershot@sandi.net))  
<http://www.sandi.net/science/>

History/Social Studies Department - 619 725-7335 (*Timothy Betteridge*-[tbetteridge@sandi.net](mailto:tbetteridge@sandi.net))  
[http://www.sandi.net/depts/literacy/social\\_studies.html](http://www.sandi.net/depts/literacy/social_studies.html)

VAPA Department - 858 539-5349 (*Margaret Lathan*-[mlathan@sandi.net](mailto:mlathan@sandi.net))  
<http://www.sandi.net/depts/vapa/>

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**Register early to guarantee enrollment and to avoid class cancellation!**

*Classes are held based on reservations received.*

*Course will be canceled if enrollment is less than 15 pre-registered participants.*

*Register online: <http://216.122.44.192/SandiNetDiscover/RegisterOnline2.asp>*

**REVISED 07/25/08**

**Register** for a class on the **Discover Web Site** ([www.sandi.net/discover/](http://www.sandi.net/discover/))  
 or mail the following enrollment form to:  
 Discover Program, IMC-Bldg A, 2441 Cardinal Lane, San Diego 92123-3744  
 Attention: Discover Program  
 For questions or more information call 858-496-1887

A **separate check** for each class must accompany the registration form made payable to **SDUSD**.  
**\*\*\*Please postdate check with the date of the first class.\*\*\***

PLEASE PRINT

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Home Phone: \_\_\_\_\_ E-mail: (optional) \_\_\_\_\_

Work Site: \_\_\_\_\_ Job Title: \_\_\_\_\_  
 (Grade level taught if applicable)

LIST BELOW THE COURSES IN WHICH YOU WISH TO ENROLL: Please be sure to check your calendars for conflicts so you will not have to cancel your attendance.

Course Number/Section	Date/Time First Meeting	Course/Workshop Title



**TRANSCRIPT REQUEST FORM**

Transcripts do not automatically go to Wage and Salary after a class. You must request it in writing, plus send a \$2.00 fee to:  
 Discover Program, IMC-Bldg A, 2441 Cardinal Lane, San Diego 92123-3798  
 (Make checks payable to **San Diego Unified School District**)

**Course Title/Date:** \_\_\_\_\_ (last day of class attended)

Please send my updated transcript to the Wage and Salary department after the above date.

**Name:** \_\_\_\_\_ **Soc. Sec. No. (optional)** \_\_\_\_\_

**Employee ID # (required)** \_\_\_\_\_

**Location:** \_\_\_\_\_ **Phone:** \_\_\_\_\_

**Signature:** \_\_\_\_\_