

The presentation is designed to promote awareness of substance abuse and provide prevention & intervention information to teachers and parents.



Parents and teachers from Crawford's neighboring schools are encouraged to attend this worthwhile presentation.

The presentation will also take place at San Diego School of Creative and Performing Arts on March 10.



Counseling and Guidance
Life Skills Education

For information please contact:
Nancy Donley, Life Skills Counselor
619-583-2500 ext. 1015

*The Crawford Educational Complex
will be hosting a*

Drug Awareness Program for teachers and parents

Presented by...

PRONASA

Proactive Network Against Substance Abuse

February 12, 2009

6:00 P.M.

Crawford Auditorium

Please plan to attend



Parents and teachers are generally the first to see the effects of drug use, namely poor grades, dramatic mood changes, and health problems.

Surveys indicate that students who have ever been drunk or sick after drinking alcohol increases from 10% in 7th grade to 40 % in 11th grade.

With training, adults will understand the importance of early detection and early intervention.



Drug Awareness

The presentation will focus on:

1. Identification
2. Symptoms of Use
3. Physical effects
4. Packaging
5. Paraphernalia
6. Slang terms

Most Commonly Abused Illicit Drugs:

1. Marijuana
2. Heroin
3. Cocaine
4. Methamphetamine

Emerging drug trends such as prescription drug abuse.

Alcohol and Tobacco

Each PRONASA lecture includes four aspects:

- **First:** Identification of illegal drugs that are available in your community as well as everyday household products that are used to achieve the same "high."
- **Second:** Explanation of the delivery system for each drug and associated paraphernalia.
- **Third:** Symptoms of use and the harm illegal drugs cause.
- **Fourth:** Give information on community resources available to assist families dealing with a drug use.